



UNITED STATES SYNCHRONIZED SWIMMING, INC.
Pacific Northwest Association

Grade Level Assessment

Novice, Intermediate, Age Group, Junior, Senior

Saturday November 14, 2015

8:00 am – 1:00 pm

Assessment

The Grade Level Assessment will be held at Lakes High School in Tacoma, Washington. It is governed by the 2016 USSS Rules and sanctioned by PNA.

FACILITY

Lakes High School

10320 Farwest Drive SW
Tacoma, WA 98498

ELIGIBILITY

All swimmers must be registered athletes with USSS for the 2015-2016 competition year.

REGISTRATION

Coaches - Please visit the **USA Synchro website** to register for this Assessment.

WHAT TO BRING

Please bring your swim suit, cap, goggles, nose clips, mat, towels, water bottle and healthy snack. The athletes may also bring a tighter fitting pair of athletic shorts if they would like for the land skills testing.

CONTACT INFORMATION

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