



**2016 OASS CLASSIC INVITATIONAL
2016 OASS JO ASSOCIATION CHAMPIONSHIP**

Multnomah Athletic Club, Portland, Oregon
Saturday, April 23 – Sunday, April 24, 2016

PRE- MEET ANNOUNCEMENT

Meet Managers: Anne Hecht
7200 SW Gable Pkwy
Portland, OR 97225
503-504-1841
Anne.hecht@cushwake.com

Facility: Multnomah Athletic Club (MAC) WEST POOL LEVEL “SB”
ENTRY IS AT THE ATHLETIC ENTRANCE (TO THE LEFT OF MAIN ENTRANCE)
1849 SW Salmon St, Portland, OR 97205
(503) 223-6251

Hosted by: Oregon Association of Synchronized Swimming

Sanctioned by: USSSI and Oregon Association of Synchronized Swimming

Governed by: 2014-2017 USSSI Rule Book

Pool Dimensions: Indoor Pool
25 Meters by 19 Yards
All Deep (Approximately 9’)
Distance from deck to water surface is none.

Important Deadlines:

FORM	DEADLINE	PREFERRED METHOD	RECIPIENT
Pre-Meet Club Entry Form	MARCH 11, 2016	Email	areveno@hotmail.com
Final Club Entry Form & Fee Calculation Worksheet	MARCH 31, 2016	Email	areveno@hotmail.com
Check for meet fee (made out to “Oregon Association of Synchronized Swimming”)	MARCH 31, 2016	Mail	Amanda Reveno OASS 5530 SW Woods Ct. Portland, OR 97221
Judging Availability Form	APRIL 8, 2016	Email	cntodd@aol.com
Coaching Credentials Form	APRIL 8, 2016	Email	mkraus@themac.com

Travel and Accommodations:

Nearest Airport: Portland International Airport (approximately 30 minutes)

Ground Transportation Uber, Taxi and all major rental car companies available. Trimet buses and light rail (MAX).

Host Hotel: **DOUBLETREE BY HILTON/Beaverton**
15402 NW Cornell Rd.
Beaverton, OR 97006
503.614.8100
<http://doubletree3.hilton.com/en/hotels/oregon/doubletree-by-hilton-hotel-portland-beaverton-PDXCRDT/index.html>

(8.6 mi from pool or 13 min)

\$129 per night plus 10% tax, Standard Double Queen Rooms
Includes complimentary full breakfast for all occupants
Reservations must be made by March 22, 2016

Full Breakfast scramble (includes bacon or sausage, chef’s choice), scrambled eggs (no meat), toaster waffle station, fresh fruit, cold cereal, oatmeal, bagels and cream cheese, yogurt, coffees, teas, milk and juices.

Directions: Will be provided.

**2016 OASS CLASSIC INVITATIONAL
2016 OASS JO ASSOCIATION CHAMPIONSHIP**

Multnomah Athletic Club, Portland, Oregon
Saturday, April 23 – Sunday, April 24, 2016

Facility Details:

- Gelling & Degelling:** A knocking area will be provided. De-knocking is not allowed at pool or in the facility. Any team de-knocking will incur a \$100 fine payable at the time of infraction.
- Bobby Pins:** Removing headpieces in the pool is strictly prohibited. A \$100 fine will be imposed on any athlete found in violation and an additional \$25 fee will be imposed on the athlete's club. Teams who do not clean up their team area will also be fined \$100 for each day.
- Spectators:** All spectators will be required to watch from the mezzanine overlooking the pool.
- Food:** No coolers are allowed inside the club. Athletes may have snacks in their bags and food can be purchased with cash at the Club's snack bar/restaurant "Joe's" (Level B). Starbucks, Subway, Bellagio's Pizza, Laughing Planet are all within walking distance outside the Club.
- Dress code:** Athletic attire such as tank tops, shorts, capri leggings, and rubber flip flops are not allowed in the main lobby or most areas of the 1st floor. Athletes wearing these items may enter through the Athletic Entrance (to the left of the main entrance) and proceed to the pool deck on level SB. Spectators wearing the above athletic items may also enter through the Athletic Entrance and proceed to the Mezzanine. Athletic attire is welcome at "Joe's" restaurant on the Basement level.
- Cell phone policy:** Cell phone conversations are only allowed at the in-house phone areas.
- Parking:** Due to multiple events this weekend, parking may be difficult. The MAC garage may charge \$10/day. We recommend dropping athletes off and finding parking on the street. Please note the time limits in many areas.
- Hospitality Suite:** There will be a hospitality suite for coaches, judges and officials serving continental breakfast (Sat & Sun), lunch (Sat only) and snacks throughout the day.

2016 OASS CLASSIC INVITATIONAL
2016 OASS JO ASSOCIATION CHAMPIONSHIP

Multnomah Athletic Club, Portland, Oregon
Saturday, April 23 – Sunday, April 24, 2016

Key Deadlines for Forms/Fees: (NOTE: All forms are included in this document)

It is absolutely imperative that each club planning to attend strives to be timely with the following submissions so we can accurately determine the schedule and ensure that the meet runs smoothly.

Pre-Meet Entry Form: Emailed no later than **MARCH 11, 2016:**
areveno@hotmail.com
Amanda Reveno

Final Club Entry Form & Fee Calculation Sheet: Emailed no later than **MARCH 31, 2016:**
areveno@hotmail.com
Amanda Reveno

Check for fees to OASS: Postmarked no later than **March 31, 2016 and mailed to:**
AMANDA REVENO
OASS
5530 SW Woods Ct.
Portland, OR 97221

All checks should be made out to: **Oregon Association of Synchronized Swimming**

Fees: Entry fee: \$10 per swimmer per routine, plus
Sponsor fee: \$15 per swimmer (including alternates)

Judge Availability Form: Emailed to Christina Todd at cntodd@aol.com by **APRIL 8, 2016**

Coaches Credentials: Emailed to Michele Kraus at mkraus@themac.com no later than **APRIL 8, 2016**

Competition:

Events: **Novice:** 10&Under, 11-12, 13-15, 16-17 and 18&Over. Competition shall consist of Figures and Free Routines with required technical elements, (figures, solos, duets, trios and teams).

Intermediate (A & B): 10&Under, 11-12, 13-15, 16-17 and 18&Over. Competition shall consist of Figures and Free Routines with required technical elements, (figures, solos, duets, trios and teams).

Jr. Olympic*: 12&Under, 13-15, 16-17, 18-19. Competitions shall consist of figures, solos, duets and teams for all age divisions. Free Combination event in two age divisions: 13-15, 16-19.

***OASS JO Association Championship Meet:**

This meet will also serve as the OASS JO Association Championship meet.
OASS coaches: please indicate in last column of final entry form which swimmers are also entrants in the OASS JO Association Championship.

Eligibility: All athletes must be registered in the Association in which they swim. All athletes will compete in their age group (based on year of birth) for the 2016 competition season.

**2016 OASS CLASSIC INVITATIONAL
2016 OASS JO ASSOCIATION CHAMPIONSHIP**

Multnomah Athletic Club, Portland, Oregon
Saturday, April 23 – Sunday, April 24, 2016

Figures:

Novice	101	Ballet Leg, Single	1.6
	310	Somersault, Back Tuck	1.1
	201	Dolphin	1.4
	361	Prawn	1.6
12 & Under/ Int B	101	Ballet Leg, Single	1.6
	301	Barracuda	2.0
	TBD TBD		
13-15 /Int A	423	Ariana	2.2
	301e	Barracuda, Spinning 360	2.2
	TBD TBD		
	16 & Over	308	Barracuda Airborne Split
355g		Porpoise, Twist Spin	2.6
TBD TBD			

REMAINING FIGURES WILL BE DRAWN AND TEAMS NOTIFIED BY EMAIL ON WEDNESDAY, **April 20, 2016**

Tentative Schedule:

Below is a tentative schedule. The actual competition schedule will depend on the number of athletes and routines. A revised tentative schedule will be emailed to all participating teams as soon as possible following the receipt of pre-meet entry forms. A final schedule will be given out at registration and will be discussed at the meetings for coaches and officials.

The meet will proceed as quickly as possible, which may be faster/slower than indicated.

Warm-ups will occur prior to the start of each event and possibly for a portion of each draw based on number of routines entered. Example: Routines 1-10 will warm-up prior to the event, routines 11-20 will warm-up at the 1st break, and Routines 21-30 will warm-up at the second break.

Team warm-ups will follow rotation down the pool or space allocation agreed upon at coaches and officials meeting in draw order.

Saturday	7:30am	Lap Swim
	7:30am	Officials, Judges and Coaches Meeting
	7:45am	Warm-up / Figure Competition – Age Groups 16&Over
	TBD	Warm-up / Figure Competition – Age Group 13-15 / Intermediate-A
	TBD	Warm-up / Figure Competition – Age Group 12&Under / Intermediate-B
	TBD	Warm-up / Figure Competition – Novice
	TBD	Region A Meeting/Break
	TBD	Warm-up / Routine Competition – Duets/Trios
	TBD	Warm-up / Routine Competition – Solos
Sunday	7:30am	Lap Swim
	7:30am	Officials, Judges and Coaches Meeting
	7:45am	Warm-up / Routine Competition – Teams/Combos
	1:00pm	Awards

Figure Draws: To be determined and sent out by email on the morning of Wednesday April 20, 2016

Awards: Medals will be given for 1st through 3rd place routines. Ribbons will be given for 1st through 8th place figures. Awards will be presented to alternates for routines.

Scratches: All scratches must be made in writing and given to Scoring Chair at least two hours prior to start of specific event.

Changes: All changes must be presented to the Scoring Chair at least two hours prior to the start of the specific event and in accordance with established event procedures.

**2016 OASS CLASSIC INVITATIONAL
2016 OASS JO ASSOCIATION CHAMPIONSHIP**

Multnomah Athletic Club, Portland, Oregon
Saturday, April 23 – Sunday, April 24, 2016

PRE-MEET ENTRY FORM

DEADLINE – MARCH 11, 2016

CLUB _____

COACH _____ PHONE _____ EMAIL _____

CONTACT PERSON _____ PHONE _____ EMAIL _____

IMPORTANT: For planning purposes please complete this form and send or **email** (preferred) on or prior to **MARCH 11, 2016**.
A revised, tentative meet schedule will be emailed following the receipt of all Pre-Meet Entry Forms.

AMANDA REVENO
areveno@hotmail.com

	Number of Athletes	Number of Routines					
		Figures	Solos	Duets	Trios	Teams	Combo
Novice							
10&Under							
11-12							
13-15							
16-17							
18&Over							
Intermediate							
10&Under							
11-12							
13-15							
16-17							
18&Over							
Age Group							
12 & Under							
13-15							
16-17							
18-19							
Totals							

**2016 OASS CLASSIC INVITATIONAL
2016 OASS JO ASSOCIATION CHAMPIONSHIP**

Multnomah Athletic Club, Portland, Oregon
Saturday, April 23 – Sunday, April 24, 2016

JUDGES AVAILABILITY FORM

DEADLINE – APRIL 8, 2016

Email directly to:

Christina Todd
OASS Judges Chair
503-680-5054
cntodd@aol.com

UNAFFILIATED JUDGES:

Name: _____ Phone (____) _____ - _____

Arriving _____ Hotel / Lodging _____

Departing _____ Hotel Phone Number (____) - _____

Check One: _____ Judge _____ Scoring _____ Deck Volunteer _____ Other

Judges' Rating Level _____ Affiliation: _____

Date: _____

Time: _____

Location: _____

Judges Name	Level	Affiliation
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**2016 OASS CLASSIC INVITATIONAL
2016 OASS JO ASSOCIATION CHAMPIONSHIP**

Multnomah Athletic Club, Portland, Oregon
Saturday, April 23 – Sunday, April 24, 2016

FEE CALCULATION SHEET

DEADLINE: MARCH 31, 2016

Club Name: _____

Coach: _____ Phone number _____

Address: _____

E-mail address: _____

Event	# Routines		# Swimmers Per Routine	=	#Entrants	Fee	Total
Solos		x	1	=		x \$10 =	
Duets		x	2	=		x \$10 =	
Trios		x	3	=		x \$10 =	
Teams		x		=		x \$10 =	
Combo		x		=		x \$10 =	
Figures Only		x		=		x \$10 =	
Alternates		x		=		x \$10 =	
Sponsor Fee (number of swimmers plus alternates)						x \$15 =	
						TOTAL	

**PLEASE MAKE CHECKS PAYABLE TO
Oregon Association of Synchronized Swimming**

Please email form by March 31, 2016 to:

AMANDA REVENO
areveno@hotmail.com

Please mail copy of form plus check (postmarked by March 31, 2006) to:

AMANDA REVENO
OASS SCORING CHAIR
5530 SW Woods Ct.
Portland, OR 97221

HOTEL _____ Telephone # _____

Arriving (Time) _____ Departing (Time) _____

Contact Person at Meet _____

